



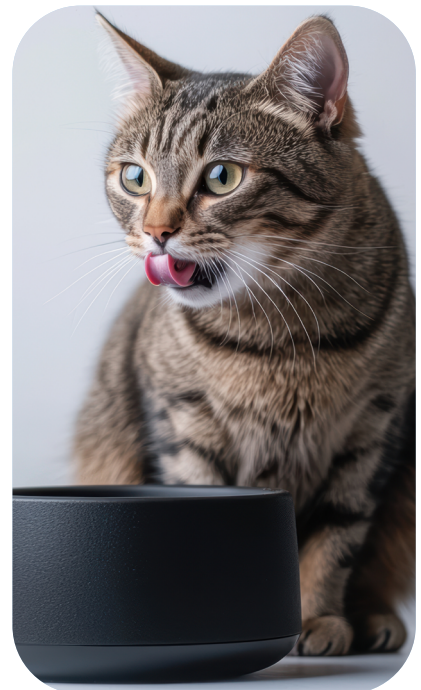
RAWESOME
VETS

Starting Cats on a Raw Meaty Bones Diet

Cats are obligate carnivores, physiologically designed to hunt, kill, eat, and digest whole animal carcasses. In the wild, their diet naturally consists of organs, raw meaty bones and they are covered with feathers, furs and fins.

A kitten's instincts are strongest in the first year, making it the ideal time to introduce a raw meaty bones diet.

However, many domestic cats quickly become accustomed—and even addicted—to the convenience, taste, and artificial flavours of commercial pet foods, which can dull their natural instincts and compromise long-term health.



Key points to **transitioning cats**

1. Recognise the small wins

For a fussy cat, even the slightest interest e.g. licking the meat or picking it up are little steps forward.

2. Be patient

This process can take up to 2-4 weeks.

3. Persevere

Note: If your cat is overweight, suffers from dental or other medical problems, then you will likely first need to consult a vet before you embark on the diet changes.

The **step-by-step** of how we do it

- Stick to one food to begin with before offering variety
 - chicken is the easiest – appropriate, basic, and always available
- Stop 24-hour access to food. Instead, start a once-a-day routine at e.g. 6pm
- Make sure your cat is hungry, but never fast for more than 24 hours
- If you own several cats they can compete with and learn from each other



If your cat **has already had a taste of raw chicken** (from your kitchen) and he/she likes it

- **Swap straightaway**, no weaning is needed. More than likely, you and your cat are the lucky ones, he/ she will make an easy transition over.



If your cat **has never had raw chicken before** but he/she's **not fussy**

- Offer RMB straightaway

OR

- Entice him/her with a bit of loose meat off the bone (see photos). Make it easy and rewarding for them to get a taste of the RMB, this can help overcoming the hardwork of chewing on the bones.
- When he/she is eating well on the carcass, you can stop loosening the meat off the bone.



Note: Keep meat attached

If your cat has **never had raw chicken** before but he/she's **IS FUSSY**

- Make sure your cat is hungry.
- Offer food to see what reaction your cat has.
- Don't leave food out.
- Keep trying and keep weaning.

Phase 1.

- 1 tbsp normal food (Dry or wet)
- 1 big tbsp chicken mince
- Spatchcock/ chicken neck (uncut)



- Aim:**
- See what your cat does
 - If interested in and have eaten some mince next phase
 - If not interested at all, see next section

Note: This is where you need to recognise and take the little wins – licking, picking up the RMB, these are good signs.

Phase 2.

- 1/2 mince
- a piece of rmb



Congratulations you've managed to phase of the commercial food.

Next steps: reduce quantity of mince gradually

Indications to move to whole RMB, when your cat is nibbling on the bone quite well.

If your cat is **not even interested in the mince at all, you can try:**

- Sprinkling or smearing their favourite dry or wet food over the mince, mixing them together
- Searing slightly the meat in a pan
- Add canned fish juice or gravy from wet food to meat
- Stuffing dry or wet food into the carcass



Benefits of a Raw Meaty Bones Diet

Feeding Frenzy



Physical Exercise



Teeth Cleaning



Natural Food Contains Intracellular Enzymes



Probiotics & Maintenance of Microbiome



Natural Array of Biochemicals



Leading to Healthy Balance of Bacteria



Behavioural Conditioning



Optimal Nutrition



Stimulates Gut Enzymes & Motility



THE ULTIMATE GOAL FOR DAILY MEALS

Spatchcock



Three joint wings



Turkey necks



SNACKS OR OCCASIONAL TREATS

Rabbit/ fish heads



Duck wings/ feet



Whole quail



Sardines



Raw eggs



Lamb/ chicken hearts



INAPPROPRIATE RMBS

Quail frames for adult cats

- too small

Chicken necks

- too small

Red mince (lamb/ beef)

- not the type of meat that cats naturally hunt in the wild

If you have any questions or concerns, please don't hesitate to contact us or schedule a consultation at our Rawesome Vets Clinic!

Opening Hours:

We open 7 days a week, by appointment.

Monday to Friday: 9am—7pm

Weekends & Holidays: 9am—12pm



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